## Typical memory slips



## Signs of dementia

Forgetting a word from time to time

Missing a monthly payment

Losing things now and then

Making a poor decision

Forgetting the day but remembering later

Having trouble carrying on a conversation

Regularly struggling to manage finances

Losing things frequently without being able to find them later

Making poor judgments a lot of the time

Losing track of the date or time of year

Source: National Institute on Aging. "Memory Problems, Forgetfulness, and Aging." 2023.